PERCEPTION OF NURSING STUDENTS REGARDING LEARNING ENHANCING ATTITUDES AND BEHAVIOURS OF TEACHERS

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ABSTRACT

OBJECTIVES

The purpose of this study was to identify the perceptions of nursing students regarding learning-enhancing factors of teachers' attitudes and behavior.

METHODOLOGY

A descriptive cross-sectional study was conducted using a convenient sampling technique. Data were collected through a questionnaire from 125 nursing students at two public sector nursing colleges in Peshawar, Pakistan. Ethics approval was obtained from Institutional Review Board. Data were analyzed using SPSS version 20.

RESULTS

Out of the total selected sample, 31 participants were males and 94 were females. The mean age of respondents was 30 years. All the participants agreed that the attitude and behavior of teachers affected students learning. The most enhancing factors for the learning of nursing students were "Giving value to teaching", "Motivation towards teaching", "Accept Responsibility for the lecture", "Having good knowledge of the subject matter", and "Confidence in delivering the lecture", "Interest in the lecture", "Regular and punctual for class", "Use Polite Language to students" etc.: While, "being suspicious about students success", "Extra Expectation from students", "Favoritism in students", "Late for class", "Punishing the students", etc.: were regarded as not enhancing factors.

CONCLUSION

The nursing students were not fully satisfied with the nursing institutional environment. So, the teacher must adopt all those attitudinal and behavioral parameters which were perceived enhancing factors and avoid others.

KEYWORDS: Perceptions, Learning, Attitude, Behavior, Teachers, Nursing Students

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INTRODUCTION

Teachers play a pivotal role in the development of

an individual, group, community society and nation. Teachers have a basic role in students learning. Learning is affected by many factors in which the behavior and attitude of teachers are the two factors which affect nursing students learning. Behavior may be observed directly by others in their surroundings. The role of the teacher has evolved beyond traditional lecture delivery to their role as facilitator, mentor and guide for students. The characteristics of good teachers are the ability to explain clearly, not to criticize students in front

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of others, to be confident, to be supportive and encouraging students etc.2 When teachers and students respect one another a trusting environment is formed, which is necessary for learning. Good communication of teacher shows respecting manner toward the students, and it increases student"s learning. A good teacher behaves positively with students in a respectful manner.^{3,4} Literature suggests that best teaching practices include good rapport with students, preparation for delivery, its the course and students" encouragement and fairness.^{5,6} Negative behavior of teachers perceived by the students include; rude gestures, aggression and not giving enough time to students which may lead to a stressful relationship between students and teacher resulting in a environment.^{7,8} disruptive teaching-learning Attitude is how one feels and thinks about his/her environment. Attitude is not directly observable and can be reflected in behavior. 9 Teachers" attitudes, practices, and beliefs have a significant impact on student achievement. 10 Nursing education is in the transformation stage from diploma in Nursing to Baccalaureate, master and doctorate programs in Pakistan. However, little is known regarding the behavior and attitude of nurse educators and their impact on students learning in Pakistan. The current study was therefore aimed to address this knowledge gap. The key objective of this study was to determine the perception of nursing students regarding educators" attitudes and behavior toward students learning.

METHODOLOGY

The current study adopted a descriptive crossdesign using a self-administered questionnaire as a tool for collecting the data. Nursing students from two public sector nursing colleges in Peshawar were recruited for the study as per pre-defined eligibility criteria. convenient sampling technique, a total of 125 participants were included in this study. Students who were enrolled in a degree or post-basic speciality program for at least six months were invited to participate in the study while all those who had spent less than six months of time in the institutes were excluded. Ethics approval was obtained from Institutional Review Board and permission was secured from the heads of the institutions prior to collecting the data. Written informed consent was obtained from the participants with full autonomy to voluntarily join and withdraw at any stage of the study. To ensure anonymity all personal record of the participants was kept secret. Data were analyzed through SPSS software version 20.0. The frequencies and percentages of the respondents were calculated for the descriptive data analysis.

RESULTS

The demographic data depicted that most of the participants 94 (75.2%) were females while only 31 (24.8%) were males. Most of the participants n=77 (62%) had a Diploma in General Nursing plus post-basic diplomas in different specializations. Participants in this study had a wide range of work experience, with the majority (n=38) having 6 to 10 years of experience followed by n=33 participants having 1 to 5 years of experience, while only 13 participants out of the total had the experience of 16 or above years.

Table 1: Demographic Data

| Participants | Frequency | %Age | |
|---------------------|-----------|--------|--|
| Total | 125 | 125% | |
| Male | 31 | 24.8% | |
| Female | 94 | 7502% | |
| Institution | Frequency | %Age | |
| Post Graduate | | | |
| College of | 73 | 58.4% | |
| Nursing | | | |
| Khyber Medical | 52 | 41.6% | |
| University | 32 | 41.070 | |
| Qualification | Frequency | %Age | |
| Fsc | 23 | 18.4% | |
| Diploma in | 10 | 8% | |
| General Nursing | 10 | 670 | |
| BSc N generic or | 15 | 12% | |
| Post R. N | 13 | 12/0 | |
| Specialty Plus | | | |
| Diploma in | 77 | 61.6% | |
| General Nursing | | | |
| Experience | Frequency | %Age | |
| No Experience | 24 | 19.2% | |
| 1 to 5 years | 33 | 26.4% | |
| 6 to 10 years | 38 | 30.4% | |
| 11 to 15 years | 17 | 13.6% | |
| 16 and above | 13 | 10.4% | |
| Total | 125 | 100% | |
| Program of Study | Frequency | %Age | |
| Post RN BSc | 74 | 59.2% | |
| Nursing | / ¬ | 37.4/0 | |
| BSc Nursing | 23 | 18.4% | |
| Generic | - | | |
| Specialty | 15 | 12.0% | |
| MSc N | 13 | 10.4% | |
| Semester | Frequency | %Age | |
| Specialty(Senior) | 15 | 12% | |
| | | | |
| Third Fourth | 65 | 52% | |

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Table 2: The Enhancing Attitudinal Parameters for Nursing Students' Learning.

| Attitudinal Parameter | Yes (%) | (No (%) |
|---|---------|---------|
| Give value to teaching | 100% | 0% |
| Motivated towards teaching | 100% | 0% |
| Accept Responsibility for the lecture | 98.4% | 1.6% |
| Having good knowledge of the subject matter | 98.4% | 1.6% |
| Confidence in delivering the lecture | 98.4% | 1.6% |
| Interest in lecture | 98.4% | 1.6% |
| Optimists about student's success | 94.4% | 5.6% |
| Student's Acceptance | 95.2% | 4.8% |
| Commitment to course completion | 92.8% | 7.2% |
| Offering self for students help | 92.0% | 8.0% |
| Perceiving the students positively | 92.0% | 8.0% |
| Respecting the students | 91.2% | 8.8% |

Table 3: The Enhancing Behavioral Parameters for Nursing Students' Learning

| Behavioral Parameters | Yes(%) | No (%) |
|--|--------|--------|
| Regular and punctual for class | 98.4% | 1.6% |
| Good communication skills | 98.4% | 1.6% |
| Encouraging the students to participate in class | 98.4% | 1.6% |
| Rules and regulation follower | 98.4% | 1.6% |
| Caring the students | 97.6% | 2.4% |
| Preparation for (class) lecture | 97.6% | 2.4% |
| Allowing students to ask question | 97.6% | 2.4% |
| Helping the students | 96.8% | 3.2% |
| Lecture in time | 96% | 4% |
| Praising the students for well done work | 96% | 4% |
| Assertiveness towards students | 94.4% | 5.6% |
| Use Polite Language to students | 94.4% | 5.6% |
| Active Presentation Gesture (body movement) | 94.4% | 5.6% |
| Constructive Feedback to students | 93.6% | 6.4% |
| Good Personality (Attractive Physical look) | 92.8% | 7.2% |
| Proper teaching style or method | 92.8% | 7.2% |
| Welcoming the students | 89.6% | 10.4% |

DISCUSSION

The key aim of this study was to determine students" perceptions regarding learning enhancing attitudes and behaviors of their teachers. All the participants agreed that the attitude and behavior of the teacher can affect students learning. These findings are consistent with previous studies which reported that the attitude and behavior of the teachers affect the students" performance in the class. 11,12 Attitude of teachers has a significant role in the learning of nursing students as 100% of participants of the current study agreed that the attitude of nursing teachers can affect students" learning. Literature also supports these findings; A good teacher has a positive effect on students" learning and development through the knowledge of all the contents, the expertise of different teaching methods, and communication skill.¹³ Teachers encouragement inculcate the feeling of happiness, satisfaction. dedication.

commitment among students.¹⁴ Similarly, findings of another study showed that "exhibiting responsibility" was an important behavior of the nursing teacher. The findings of the current study showed that "helping the student" by the teachers was the most important behavior of the nursing teacher. The most enhancing factors for the learning of nursing students are "Regular and punctual for class, Good communication skills, encouraging the students to participate in class, etc. Similarly, the literature showed, that dealing with own time well, giving confidence to participation and backing students are the most important behaviors. Likewise, "respecting the student as individuals" by the teacher is also the most important behavior of the nursing teachers. 15 Our study notes that punishing students, assigning them extra work, pressurizing students, being aggressive and hostile and threatening students are the negative behaviors that demotivate students These findings are supported by a study conducted in a nursing school in Peshawar, which showed that 79.3% of the total replied, feel worried that their performance did not meet the expectation of the teacher. ¹⁶ These findings are also consistent with another study from Japan which reported that negative comments by teachers, discouraging students, not giving them time etc. are the demotivating factors for students.¹⁷ Behavior of teachers has an eminent source that affects nursing students learning. 18 The most enhancing factors for the learning of nursing students are "Regular and punctual for class, good communication skills, encouraging the students to participate in class, while punishing students, threatening them and discouraging negatively impacts students learning.

LIMITATIONS

This Study recruited a small sample size and was limited to only two nursing colleges in Peshawar. Future studies may include large sample size and more nursing colleges.

CONCLUSION

The findings of the current study suggest that the attitude and behavior of nursing teachers affect students learning to a great extent. Students learning is positively influenced by those behaviors and attitudes which are usually considered ethical and professional. However, students learning is negatively impacted by those parameters which are considered unprofessional.

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